

# Kern Early Start Conference-2011

SEPTEMBER 26, 2011

KERN REGIONAL CENTER

3100 NORTH SILLECT

BAKERSFIELD, CA



Bloom

where you are planted!

.....naturally



## Conference Highlights

8:00 - 8:15: Registration and light breakfast

### 8:15 - 10:15: Opening Session – Stephanie Wang – “True Colors”

Stephanie has been assisting students and other professionals learn more about themselves and their communication styles as a “True Colors” facilitator since 2000.

Stephanie will introduce participants to an alternative way of understanding themselves and others. Session participants will learn to communicate more effectively and work more harmoniously and productively with others. Everyone will learn how to apply “True Colors” to better address a variety of daily issues; from self-validating, to improving personal, parenting, and work relationships.

### 10:15- 12:15: Simultaneous break-out sessions

#### ✚ Conflict resolution

Bridget Sampson is the president of Sampson Communication Consulting (SCC), which she founded in 1996. SCC provides individual coaching, workshops, and large group presentations on a wide range of professional development topics. SCC’s client list includes Google, WellPoint, Mattel, Miller Brewing Company, The Metropolitan Transportation Authority, and California State University, Northridge. To learn more about the specific programs and services offered by SCC, please visit:

<http://sampsoncommunicationconsulting.com/>

In addition to her role as the president of SCC, Bridget has served on the faculty of California State University, Northridge (CSUN), in the Communication Studies department since 1993. Bridget teaches business communication, intercultural communication, interpersonal communication, and public speaking.

#### ✚ Parenting

Cindy Holmes has over 20 years of leadership, presenting, training, strategic planning and program development experience. In 2009 she was selected to be Woman of the Year in Training and Development by the National Association of Professional Women. Cindy utilizes every piece of her expertise as she addresses what prevents effective communication with children, parents, professionals and to eliminate those barriers thus creating enhanced verbal and non-verbal communication.

#### Communication

Stephanie Wang will assist participants as they learn their own unique parenting color and the "True Colors" of each family member. Participants will learn how to parent each child in ways they understand, accept, and respond to naturally...according to their 'True Colors.'

#### Natural Environment

Representatives from the Department of Developmental Services and a Panel from Sierra Sands SELPA will define and explain implementation of service provision in natural environments.

### 12:15 – 1:00 Lunch

Lunch will be catered. Have a seat at the tables and lunch will be provided 'family style.'

### 1:00 – 2:00 Key Note Speaker; Ellen Galinsky, author "Mind in the Making, The Seven Essential Life Skills Every Child Needs."

Ellen Galinsky, President and Co-Founder of Families and Work Institute, helped establish the field of work and family life at Bank Street College of Education, where she was on the faculty for twenty-five years. Her more than forty books and reports include Ask the Children, the now-classic The Six Stages of Parenthood, and Mind in the Making, which was published by Harper Studio in April 2010. She has published more than 100 articles in academic journals, books and magazines.

At the Institute, Ms. Galinsky co-directs the National Study of the Changing Workforce, the most comprehensive nationally-representative study of the U.S. workforce—updated every five years and originally conducted by the U.S. Department of Labor in the 1977. She also co-directs When Work Works, a project on workplace flexibility and effectiveness funded by the Alfred P. Sloan Foundation that has produced a series of research papers, and has launched the Sloan Awards for Business Excellence in Workplace Flexibility as well as conducted the National Study of Employers, a nationally representative study that has tracked trends in employment benefits, policies and practices since 1998. Information from this research has been reported in the media approximately twice a day over the past five years.

Ms. Galinsky is the Program Director of the annual Work Life Conference co-convened by The Conference Board and Families and Work Institute, and she staffs The Conference Board's Work Life Leadership Council, a group of 45 business leaders who have spearheaded work life issues in the business community since 1983.

A leading authority on work family issues, Ms. Galinsky was a presenter at the 2000 White House Conference on Teenagers and the 1997 White House Conference on Child Care. She served as the elected President of the National Association for the Education of Young Children, the largest professional group of early childhood educators and as a parenting expert for Lifetime Television.

She is the recipient of numerous awards, including the 2004 Distinguished Achievement Award from Vassar College. She was elected a Fellow of the National Academy of Human Resources in 2005. A popular keynote speaker, she appears regularly at national conferences, on television and in the media, including Today, World News Tonight, and Oprah.

Ms. Galinsky is also a photographer. The latest shows of her photography were at the New York Hall of Science in September 2006, at UMA Gallery in New York City in January 2007, at River Winds Gallery in Beacon, New York in September 2008, at GaGa in Garnerville, New York in October 2009, and at Upstream Gallery in Dobbs Ferry, New York in February 2009 and 2010.

She holds a Master of Science degree in Child Development/ Education from Bank Street College of Education and a Bachelor of Arts degree in Child Study from Vassar College and numerous honorary degrees.

Ellen Galinsky is married to artist Norman Galinsky, and they are the parents of two grown children: Philip, an ethnomusicologist and founder-director of Samba New York—an inspiring new performance group—and Lara, Senior Vice President at Echoing Green—whose mission is to accelerate social change by investing in and supporting outstanding emerging social entrepreneurs to launch new organizations that deliver bold, high-impact solutions



Sue Bredekamp, Early Childhood Education Consultant says of Ellen's work... "[This book is] literally a mind-expanding contribution to the field and will have a huge impact on how teachers and parents [case managers and other professionals] think about and understand children's learning and development, and hopefully their interactions with them."



T. Berry Brazelton, M.D., Harvard Medical School, Founder, Brazelton Touchpoints Center writes... "We need to get these important messages out."

Ellen will also appear at Barnes and Nobel Booksellers in Bakersfield for a book signing Monday evening.

2:00 – 2:15 Break

2:15 – 4:00: **Expect the Unexpected**

The afternoon will be loaded with surprises, savories, delicate treats, musical interludes and a high-energy and engaging closing that embodies the essence of service provision for children with special needs and their families in Kern County.





## REGISTRATION

Email your registration to: Wilma Sweeney at [ws772@yahoo.com](mailto:ws772@yahoo.com)

- ✦ Name: \_\_\_\_\_
- ✦ Email address: \_\_\_\_\_
- ✦ check all that apply:  
parent\_\_\_ professional\_\_\_
- ✦ Phone: \_\_\_\_\_ CELL \_\_\_\_\_
- ✦ Physical Address: \_\_\_\_\_ ZIP \_\_\_\_\_

Conference choices: (please mark in order of preference, space is limited)

- \_\_\_ Communication
- \_\_\_ Conflict Resolution
- \_\_\_ Parenting
- \_\_\_ Natural Environment



Special Notes: *There is no fee for this conference!*

- ✦ We are unable to accommodate special diets. Please make arrangements for your own dietary needs.
- ✦ The entire Kern Regional Center building is accessible to all
- ✦ There are plenty of parking spaces available. Please park in the Administration parking lot
- ✦ If you have registered and are unable to attend, please let Wilma know as soon as possible.